

2026 DYA Baseball Local Rules: Rookie Coach Pitch League



Rookie Coach Pitch Rules & Guidelines:

1. Each batter has the option to hit a pitched ball or have the ball placed on a tee for his/her at-bat. The tee is located immediately in front of and parallel to the front of home plate. If the player chooses to hit a pitched ball, he/she will have four pitches only, regardless of the quality of pitch, to put the ball in play. If the ball is not put in play in 4 pitches, it will be placed on the tee.
2. A struck ball must go at least 12 feet (12') and must be within the foul lines to be a fair ball. Any ball hit less than 12' but between the lines will be deemed foul and the batter shall try again.
3. Players are permitted three (3) attempts to hit the ball 12' or more. On the fourth try, the ball is in play, if fair, regardless of distance hit.
4. All players present at the game will bat once every inning. The last batter in each inning shall run to home after his/her hit (i.e. he/she gets to hit a home run).
5. Runners shall advance one base per hit.
6. A batter cannot strike the ball until the coach says to "play ball".
7. Regardless of the number of outs recorded, a half inning continues until the entire line-up of the batting team has batted. Runners who are ruled out shall remain on base and circle the bases until crossing home (i.e. everyone scores each inning).
8. All batters and base runners must wear a helmet with a protective face mask.
9. Coaches should work with players who tend to throw their bat.
10. Defensive positions should be as close as possible to the standard baseball infield defensive positions with the extra players filling positions in the outfield. All players present can be in the field on defense in this league. Extra players (beyond 10) should be put in the outfield.

General Information

Dublin Youth Athletics is an association of parent-volunteers providing sports programs for kids. Coaches and league officials are volunteers. Please take time to thank them for making this program possible for your children. Rookie Coach Pitch Baseball is for youths who are kindergartners for the spring/summer season and kindergartners or 1st graders for the fall season and reside within the Dublin City School District or within the City of Dublin.

Each game lasts 1 hour and 30 minutes. No new innings should be started after this time.

Parents may provide baseball pants, playing shoes (without spikes) and a glove.

Game Procedures

1. Both teams must have at least seven (7) players to start a game. If a team has fewer than seven players, it is recommended that players be borrowed from the opposing team.
2. Games should be kept moving along. Coaches are expected to have their players ready to bat and to have their team ready to take the field after all players have batted.
3. Players should warm up by playing catch. There is no need for teams to take infield warm-up procedures prior to the game or between innings.
4. Head coaches will encourage assistant coaches and parents to help in lining up the players and preparing them to bat so that the progress of the games is not delayed.

5. Head coaches or assistant coaches will pitch to their own team members. Head coaches or assistant coaches will also act as umpires: The coach/umpire should be positioned behind home plate and will be responsible for putting the ball in play by placing it on the tee and announcing "play ball" after verifying that all players are ready, thereby indicating that the hitter may take his/her swing at the ball. The base coaches will also be umpires for plays at first and third bases. The defensive team's coach will be the umpire for plays at second base.

6. Head coaches are required to handle his/her team's fans. Games may be terminated for fan unruliness.

7. No alcoholic beverages are allowed at any DYA game, including Rookie Coach Pitch Baseball games.

8. Head coaches will ensure that the field is in playable condition for the next game. Everyone is responsible for the proper disposal of any trash or debris left behind by themselves or their teammates. Everyone will also be responsible for collecting his/her own equipment and personal belongings brought to the games.