

# CPR STEPS WITH AED

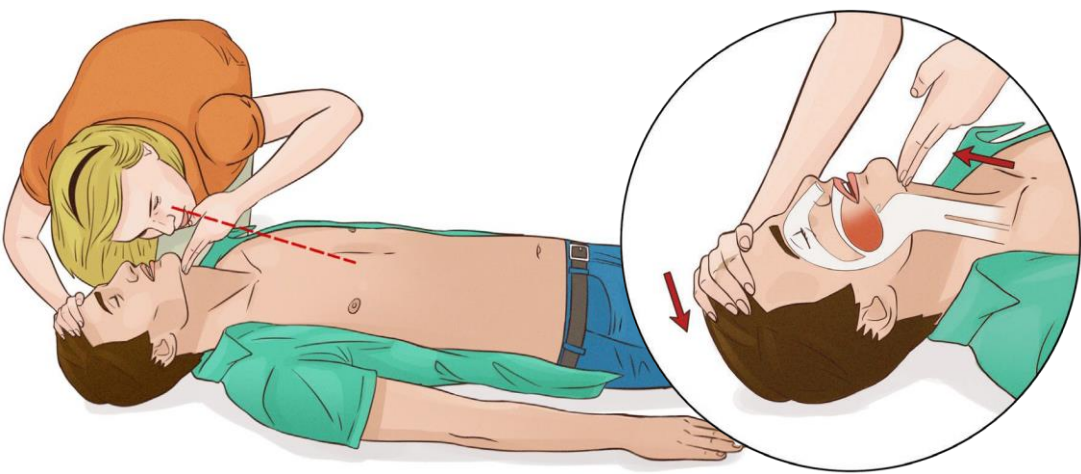
## 1 > Check for consciousness and call 911

Ask someone else to call 911 and get an AED



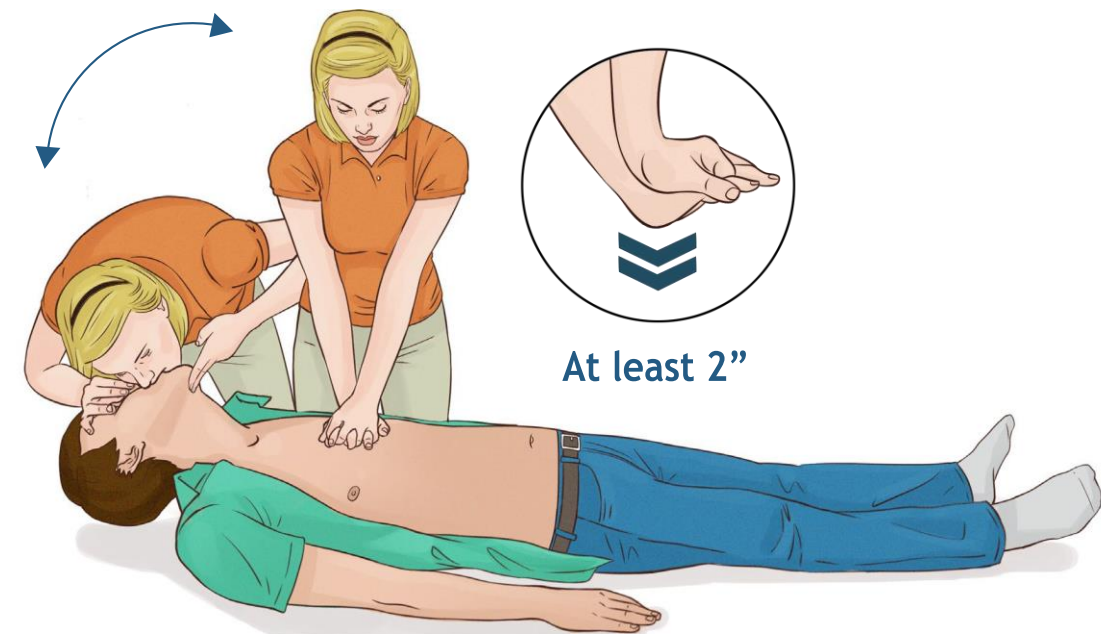
## 2 > Check for breathing and open the airway

Look, listen and feel for breathing no longer than 5-10 seconds



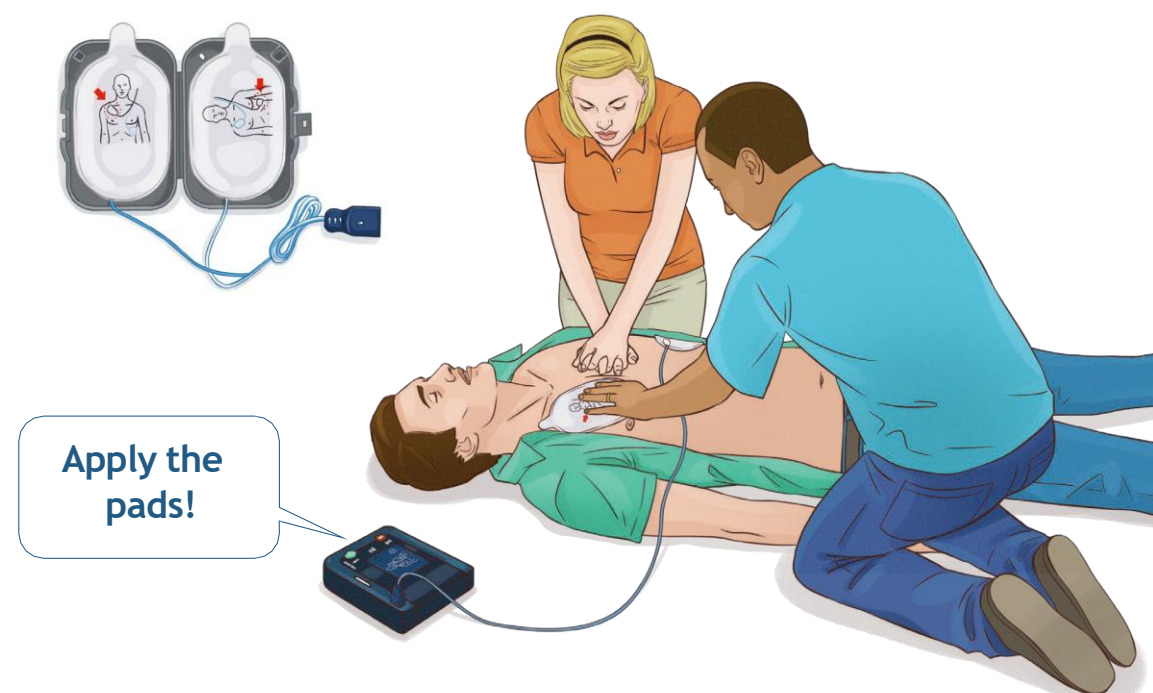
## 3 > If no or abnormal breathing – Begin CPR

Alternate between 30 chest compressions and 2 rescue breaths



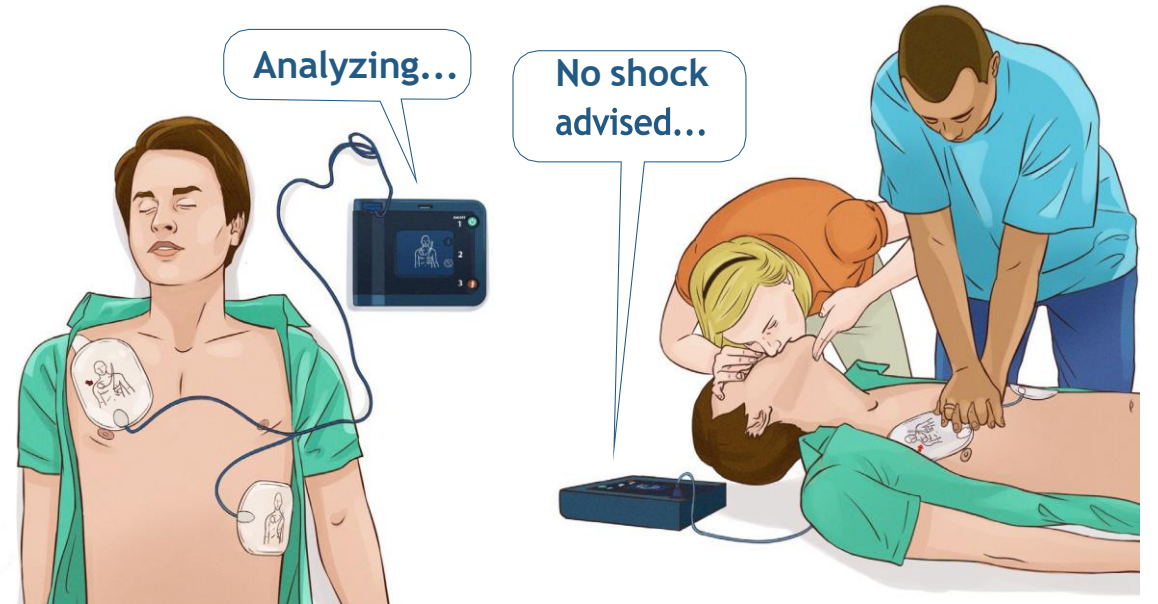
## 4 > Turn on the AED by pressing the white power button and attach the pads

Attach the pads during CPR according to the diagram and follow the AED's instructions



## 5 > Do not touch the person during analysis

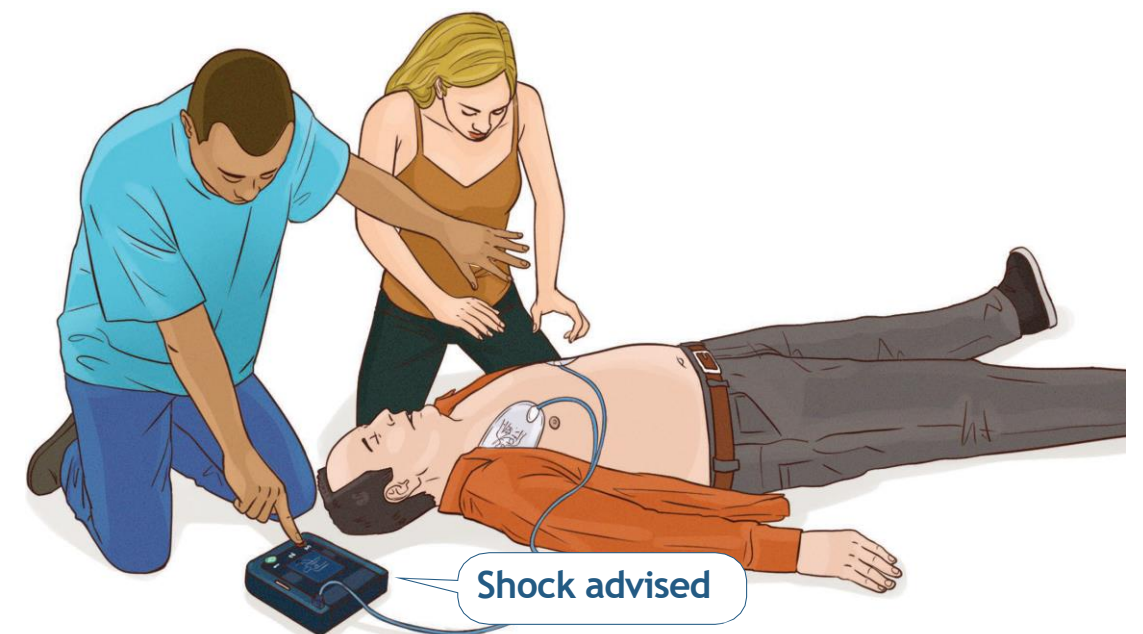
Every 2 minutes, alternate with another person to do compressions.



Continue with CPR until you notice obvious signs of life. Push down on the chest hard, 100-120 times per minute. Do CPR on a hard surface and blow until the chest rises.

## 6 > Press the "shock" button if advised

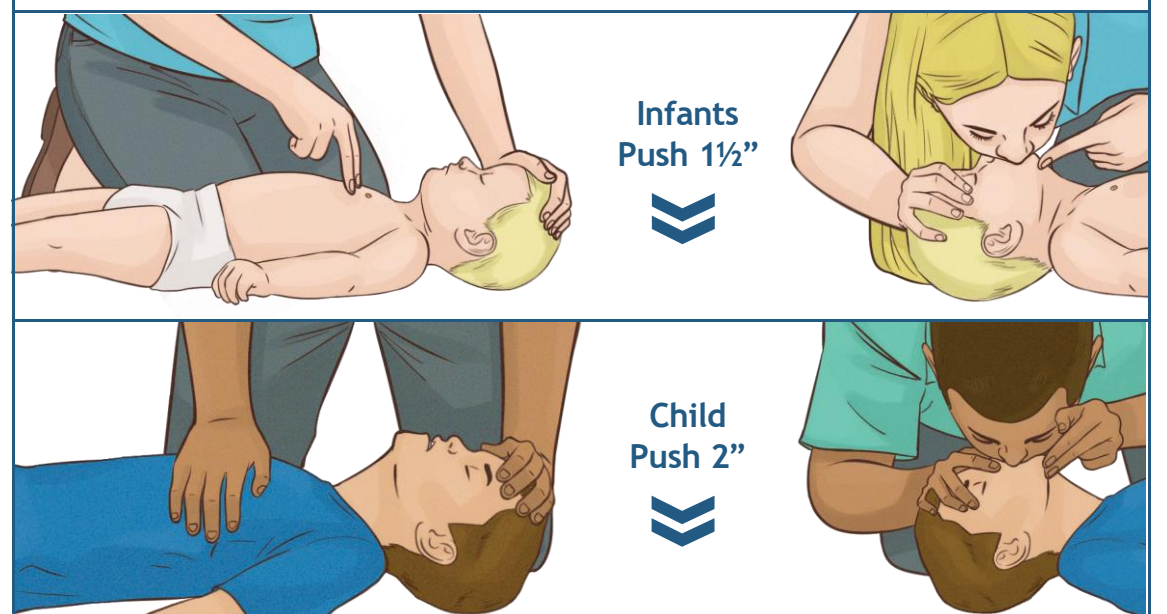
Tell everyone to "stand clear", and then press the shock button



After each analyze continue with CPR without disruption for 2 minutes whether you had to give a shock or not.

## CPR on infants and children

Alternate between 30 chest compressions and 2 rescue breaths



## How to use an AED on infants and children

Apply the child pads in the following way on children up to 55 lbs

